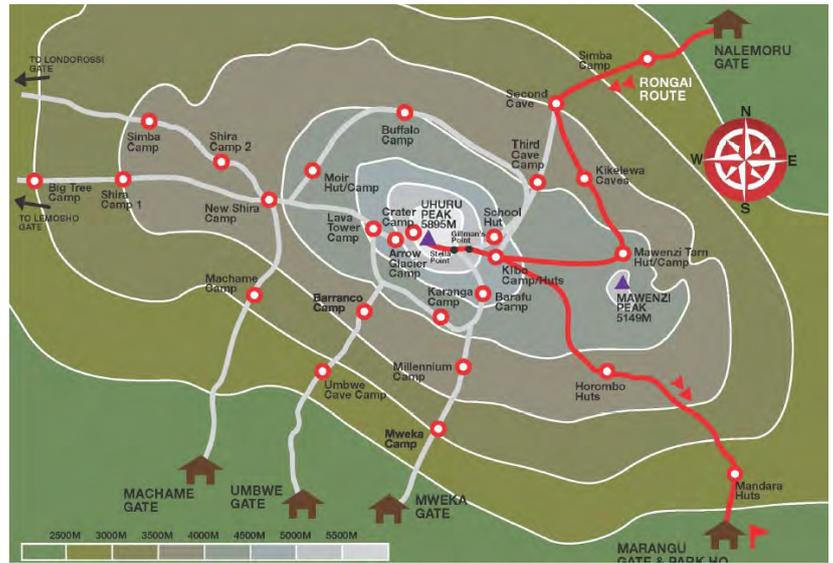


Rongai Route Itinerary

KILIMANJARO
CHALLENGE



D1 DEPARTURE DAY

We are departing the UK from London Heathrow. You don't need to worry about your tickets as the Action Challenge team will have these ready to give you at the airport. You will just need your passport to hand. **DON'T FORGET** to wear your trekking boots on the plane, or at least have them packed into your hand luggage. Just in case your bag does go astray, you will at least then have your boots until the rest of your belongings catch up with you. You will receive details about your departure a month before your challenge.

D2 NALE MORU

On arrival we transfer approximately 3-4 hours to our hotel in the village of Nale Moru. We have a short time to freshen up, and then have a briefing and equipment check with our Challenge Leaders and a meeting with the local guides. This evening we enjoy an evening meal together and then have a good night's sleep to prepare for the challenge ahead.

D3 SIMBA CAMP

2668M

4 HRS TREKKING

After a good breakfast we make the transfer by road to the Nale Moru Gate. On arrival we meet the rest of our team, including our guides, cooks and porters. We register for the trek and our bags are weighed to ensure each is within the 15 kg limit. Finally it is here – the moment we have all been waiting for! We begin our trek through farm land and the pine forest that surrounds the local area. The forest then gives way to scrub and heather, and we have a very good chance of seeing Mongoose and smaller wildlife. Elephant and Buffalo have been known to cross the path that we follow, but we may only see their tracks, as the majority of their movements are under the cover of darkness. We have some short breaks and a packed lunch en route before reaching our camp in the afternoon, where there is some time to relax before dinner and settling down for our first night under canvas.

D4 KIKELEWA CAVES CAMP

3679M

6-7 HRS TREKKING

Today's route snakes through changing scenery, ascending up through heather and moorland to the jagged peak of Mawenzi. A stop for lunch at Second Cave Camp, before turning South East making along a path that ambles through heath-land and rocky outcrops, with fantastic views of the Mawenzi, Kibo and the Northern ice fields. After a long day, we retire to our tents just below the Mawenzi Saddle.

D5 MAWENZI TARN CAMP

4330M

4-5 HRS TREKKING

Today is an early start, continuing along the gentle path that soon becomes steeper. Your efforts will soon be rewarded by a hot lunch at Mawenzi Tarn, which sits in a bowl, protected by the ridges and spires of Mawenzi. An afternoon walk allows time to explore and get used to the altitude, before an early dinner.

D6 ACCLIMATISATION DAY 4440M**3-4 HRS TREKKING**

After a later breakfast than usual, we head off for a relaxed day of walking to acclimatise ourselves up to a maximum of 4700m at the ridge. The afternoon is spent at camp relaxing, with stunning views over the Kenyan plains in the distance.

D7 KIBO CAMP 4700M**5-6 HRS TREKKING**

We head across the desert style landscape between Mawenzi and Kibo, and reach our campsite at Kibo Huts Camp at the base of the mighty Kibo. In the afternoon it's time to rest and eat before the final push to the summit later tonight!

D8 SUMMIT DAY 5895M**12-15 HRS TREKKING**

Awaking just before midnight, today we climb for about 6 hours up the most demanding part of the route by torchlight, to reach Gilman's Point at the crater rim. We then make our final traverse to Uhuru Peak, the highest point on the African Continent, at 5895m, which takes a further 1.5 hours. After admiring the views and taking photos, we descend, stopping at our camp via Kibo for breakfast, and then on down to Horombo Huts Camp at 3091m.

D9 MOSHI / ARUSHA**5-6 HRS TREKKING**

After breakfast we continue our descent back through the rainforest to the Mandara Huts where we enjoy lunch. We then carry on down the track to finish our trek and leave the Kilimanjaro National Park through Marangu Gate. A transfer by bus takes us to our hotel. Here we can finally take off our walking boots and enjoy our first hot shower in almost a week! We have the afternoon to relax by the pool with a drink and this evening we enjoy a fantastic celebratory dinner to celebrate our remarkable achievements and for those who have the energy we can party in to the night!

D10 DEPARTURE

We can enjoy a free morning either by the pool or exploring the local area.

D11 ARRIVE HOME

All timings are approximate and may be subject to change and you will be advised of your flight times 1 month prior to departure.

